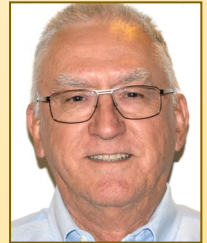




Message from our President - Richard Cato

Next week begins the Session C, our last session of the Fall term. Session B gave us some insights into the Constitution courtesy of **Dr. Larry Giventer**; **Hugh Brereton** brought to life 10 of our most favorite Presidents. Thank you to **Dave Froba**, **Jim Pack** and **Carol Quinlan**, as well as all the other presenters for their hard work and informative presentations. **Art McRae** moderated the Potpourri class again and **Lorrie Freitas** brought a little music into our classes and helped us appreciate the Ukulele. **Thanks to all of our presenters and coordinators** for their commitment to bringing us interesting and entertaining classes and to all of you for attending and encouraging them.



Coming up: Dave's classes on **Birding on Tuesday morning**, **Emerson Johnson's WITW on Thursday morning**, **Ron Rutschman's look at Motown on Wednesday morning** and **Central Valley Rivers on Thursday afternoons**. Check out our Newsletter review of all the classes coming your way this session. Mark your calendars and join us. Just a reminder... there will be no classes the week of Thanksgiving, November 19 to November 23.

Diedre Bush has a great trip to Apple Hill planned for Saturday, November 3. In December, we'll be going to Roaring Camp/Big Trees for gold panning, candle making and train rides through the Redwoods. Sign up at the back of the class and catch the bus for a fun day. Our last trip to the Jelly Belly factory was fantastic.

Spring registration online will begin after November 13. In person registration will be January 9, 2019. I encourage everyone to try out the online registration process. Go to www.mjc4life.org and in the search box enter "MICL". If you are unsure of the process you can let me know and I will make arrangements to walk you through it. It will save you time and hassle and you will be all set for the Spring term. **The end of Session B potluck is Thursday, November 1.** Come and enjoy some really good food and learn about the Session C classes from the moderators.

Elections are coming up and then the Holiday season. I don't have to tell you how important it is to take advantage of your right to express your opinion by way of the ballot box. Emerson Johnson and I will be volunteering at the polls this election; we hope we may see some of you at the polls.

The Board appointed Margaret Olson to take over the Communications Director position for the rest of the 2018-2019 term. Our communications effort has evolved over the last few months and Margaret has been an active part of that process. She has a great team supporting her as she coordinates all our efforts to keep you up to date with our classes and events. Congratulate her when you see her and let her know if you have any suggestions to make our efforts better.

Have a great Thanksgiving. See you around the classroom!

Diedre Bush





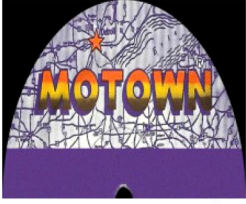








TRIP: Dec 1st
Felton, Henry
Cowell State Park,
Bear Mountain



SESSION C Classes:
November 5 thru
December 14

SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday
8:30 to 9:30 AM		 Young at Heart & Qi Gong		 Young at Heart & Qi Gong	
10 am to NOON	 Travels Around the World	 Birding	 Motown and Friends	 What in the World?	 Friday at the Movies
1 pm to 3 pm	 Classical Music Appreciation	 Bridge	 Writing It Down!	 Central Valley Rivers	

2018-2019 BOARD OF DIRECTORS

President	Richard Cato
President-Elect	Dorothy Winke
Secretary	Shirley Brooks
Treasurer	Lance Krajewski

DIRECTORS

Dave Froba, Vice President	Curriculum
Margaret Olson	Communications
Don Charette	Facilities
Ron Rutschman	Membership
Louise Summerlot	Publicity
Judy Moore	Hospitality
Diedre Bush	Trip Liaison

CLASSES ARE HELD

MONDAY THROUGH FRIDAY
DURING FALL, SPRING & SUMMER SEMESTERS
IN THE EL CAPITAN CENTER BUILDING
LOCATED ON THE WEST CAMPUS OF
MODESTO JUNIOR COLLEGE

Marjorie Reis	Immediate Past President
Rita Perez	MJC Community Ed Specialist
MJC Community Education	209-575-6063
MJC West Campus address	2201 Blue Gum Avenue
	Modesto, CA 95358
George Pettygrove	Founder

MONDAY

10:00 AM TO 12:00 NOON

Coordinator:
Robin Martin



TRAVELS AROUND THE WORLD: Let yourself experience the travel delights and occasional frustrations of MICL members and selected guests on their journeys by car, foot, RV, rail, ferry, river boat, ocean liner, airplane, etc. They will share with us, in illustrated detail, their explorations of places far and near, exotic and familiar. Whether you are a fearless explorer or an armchair traveler, join us in a cozy classroom setting to experience vicariously their wondrous tales and adventures. Expand your horizons and brush up on world geography. Questions and comments are encouraged.

Coordinator:
Judy Spencer



12:00 NOON TO 1:00 PM BREAK

1:00 PM TO 3:00 PM

Coordinator:
Christine Beckstrom



CLASSICAL MUSIC APPRECIATION: The Sonorous Smorgasbord continues with brain healthy presentations and DVD lectures. Our journey through music history brings us to German Opera, the focus for these five sessions. There will be presentations by the coordinator and guest speakers. Concurrent are DVD lectures which emphasize the aspects of musical cognition and perception that correlate to how and why we enjoy listening to and enjoy participating in music. There will be stimulating and insightful class discussions.

TUESDAY

8:30 AM TO 9:30 AM

Coordinators: Arline Wortner, Lila Huff, Leonard Olives, Jim McCabe & Rudy Serrato

YOUNG AT HEART: A strength-training program designed specifically for older adults followed by Qigong. You may sit or stand, depending on your physical ability. The program follows the guidelines of the Presidential Fitness Award.

10:00 AM TO 12:00 NOON

Coordinator:
David Froba



BIRDING: Birds are beautiful and interesting. They speak to our very souls and evoke the poetic in us. In this class we will learn to identify and appreciate the birds of our local area. We use our field guides, photos, videos, and audio. We focus on about ten species of birds per class. Then, on the Friday morning following each Tuesday class, we will take a non-MICL field trip to carefully selected, nearby natural places to search for those particular ten species in the wild. We usually get about 80% of them, plus some extra surprises. David Sibley's "Field Guide to the Birds of Western North America" is recommended but not required. In preparation for the class it would be good to watch a movie about Stanislaus County birding, "Wings Over Our Two Counties", on YouTube. Bring binoculars and have your eyes opened, your mind expanded, and your spirit nourished.

12:00 NOON TO 1:00 PM BREAK

1:00 PM TO 3:00 PM

Coordinator:
Ron Rutschman



BEGINNER'S BRIDGE: As always, this class serves both experienced players and members who have never played bridge and want to learn something new. This Fall Semester also features a new program to enhance the skills of experienced players. The American Contract Bridge League (ACBL) course Play of the Hand in the 21st Century is taught to make better bridge players through lectures, videos, booklets and practice hands.

Coordinator:
Wayne Edington



WEDNESDAY

10:00 AM TO 12:00 NOON

Coordinator:
Ron Rutschman



MOTOWN & FRIENDS: This class explores another 60's musical genre that enthralled millions, produced a cadre of memorable recording artists and led to a 2013 Broadway show, *Motown the Musical* that recently played at the Gallo Center for the Arts. Join us for an entertaining 5-week look at the birth of Motown and careers of popular music stars.

Nov 7 - Dorothy Ford: Black Cultural Music - Cotton Fields to Motown ; Ron Rutschman: Motown, The Start

Nov 14 - Dorothy Ford: Motown Styling; Judy Moore: Smoky Robinson

Nov 28 - Dorothy Ford: Diana Ross; Susan Filice: The Jackson Family

Dec 5 - David and Sharon Froba: Aretha Franklin; Ron Rutschman: Marvin Gaye

Dec 12 - Roger Jackson: Stevie Wonder; Bev Schlegel: Motown Groups

12:00 NOON TO 1:00 PM BREAK

1:00 PM TO 3:00 PM

Coordinator:
Millie Starr



WRITING IT DOWN: Be inspired to share your writing efforts in an encouraging and supportive classroom setting. Class members write at home about anything they want, and they share what they write in class when they are ready.

The goal of the class is to support one another in the writing process and learn by doing. Come and join our writing community as a writer or listener.

THURSDAY

8:30 AM TO 9:30 AM

Coordinators: Arline Wortner, Lila Huff, Leonard Olives, Jim McCabe & Rudy Serrato

YOUNG AT HEART: A strength-training program designed specifically for older adults followed by Qigong. You may sit or stand, depending on your physical ability. The program follows the guidelines of the Presidential Fitness Award.

10:00 AM TO 12:00 NOON

Coordinator:
Emerson Johnson



WHAT IN THE WORLD?: Have you ever watched TV or read a news paper article, opinion, or letter to the editor and really wanted to discuss or react to what you read? *What in the World* is just the class for you. We discuss all kinds of issues and happenings from your neighborhood, local, regional, state, national, and world news. You bring in the topic, introduce it, and we all discuss it with the help of a new class facilitator each five week session. A number of class members have real expertise to lend to a number of discussions. Learn something new every day. Come join the camaraderie.

12:00 NOON TO 1:00 PM BREAK

1:00 PM TO 3:00 PM

Coordinator:
Elaine Gorman



CENTRAL VALLEY RIVERS: Two hundred years ago, the Great Central Valley was a vast network of waterways that flooded regularly & supported herds of elk and pronghorn, grizzlies, many salmon runs, and huge flocks of birds. With the influx of settlers and gold miners in the 1800s, the historic pattern of the water and land changed impacting millions of California's residents. Tributaries of the San Joaquin River, our county's Tuolumne and Stanislaus Rivers, will be discussed.

Nov 8 Lillian Vallee: Native American Perspectives; Diana Loomis: Great Valley Museum, Riparian areas of the Central Valley

Nov 15 Patrick Koepel: Tuolumne River Trust, Tuolumne River Issues and Policy; Jason Faridi: River Partners - Restoration projects in San Joaquin River watershed

Nov 29 Erin Loury: Fish Bio -- Salmon in local rivers; Eric Hopson (tentative): San Joaquin River National Wildlife Refuge - Wildlife Refuges

Dec 6 John Davids, Modesto Irrigation District: Water and Power from Tuolumne River; Movie: Tulare, The Phantom Lake

Dec 13 No class

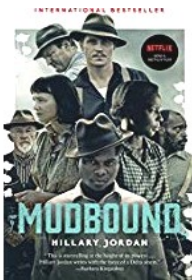
Coordinator:
Frances Lopez



T H U R S D A Y

1:00 PM TO 3:00 PM

Coordinator:
Carol Sullivan



MICL BOOK CLUB SELECTION: *Mudbound* by Hillary Jordan

In Jordan's prize-winning debut, prejudice takes many forms, both subtle and brutal. It is 1946, and city-bred Laura McAllan is trying to raise her children on her husband's Mississippi Delta farm, a place she finds foreign and frightening. Two young men return from the war to work the land. Jamie McAllan, Laura's brother-in-law, is everything her husband is not—charming, handsome, and haunted by his memories of combat. Ronsel Jackson, eldest son of the black sharecroppers who live on the McAllan farm, has come home with the shine of a war hero. But no matter his bravery in defense of his country, he is still considered less than a man in the Jim Crow South. It is the unlikely friendship of these brothers-in-arms that drives this powerful novel to its inexorable conclusion.

The men and women of each family relate their versions of events and we are drawn into their lives as they become players in a tragedy on the grandest scale. As Kingsolver says of Hillary Jordan, "Her characters walked straight out of 1940s Mississippi and into the part of my brain where sympathy and anger and love reside, leaving my heart racing. They are with me still."

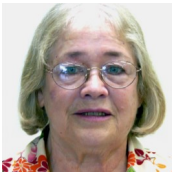
- Review from Amazon

CLUB MEETS DECEMBER 13th

F R I D A Y

10:00 AM TO 12:00 NOON

Coordinator:
Betty Boj-Sode



Coordinator:
Carol Quinlan



FRIDAY AT THE MOVIES:

Start your weekend relaxation with a film classic or foreign film (subtitled in English, of course) that will carry you away to other times and other places.

Discussion encouraged but not required. Details of the movies are posted.

Nov 9	<i>Rear Window</i> (1954)	American color 112 m.
Nov 16	<i>The Journey</i> (1958)	American color 2 hours
Nov 30	<i>Strangers in Good Company</i> (1990)	Canadian color 105 m.
Dec. 7	<i>The Manchurian Candidate</i> (1962)	American b/w 126 m.
Dec 14	<i>Adam's Rib</i> (1949)	American b/w 2 hours

EVENT SCHEDULE

Session C starts	November 5		
Curriculum Committee	Nov 7, Dec 5	3:15pm	El Capitan
Board Meeting	Nov 14, Dec 12	3:15pm	El Capitan
Birthday Lunch	Nov 16, Dec 21	11:30am	Mimi's
Potluck	December 13	11:30am	El Capitan
Book Club	December 13	1:00pm	Classroom
Session C ends	December 14		
Trip	December 1	TBA	Redwoods— Henry Cowell State Park, Bear Mountain

T R I P

MICL DAY TRIP

December 2018

Date	Place	Kind of fun	Cost
Dec. 1st SAT	Round-Trip Felton to Bear Mountain through Redwood Forest	Steam Train Ride to Festive Decorated Trees Henry Cowell State Park in the Red-woods Felton Covered Bridge Bigfoot Museum	MICL Ticket: \$65 Candle-making \$3, Gold panning \$1 (w/gold \$5)

JELLY BELLY DAY TRIP



Chocolate Shoppe

