

Weekly Update Spring 2020 Session A

WEBSITE: micl-online.org

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MICL “A” Session, January 20, 2020 – January 24, 2020

Monday, January 20, 10:00 AM - Noon: TRAVELS AROUND THE WORLD

Coordinator: Robin Martin

Let yourself experience the travel delights and occasional frustrations of MICL members and selected guests on their journeys by foot, car, RV, rail, ferry, riverboat, ocean liner, airplane, etc. They will share with us, in illustrated detail, their explorations of places far and near, exotic and familiar. Whether you are a fearless explorer or an armchair traveler, join us in a cozy classroom setting to experience vicariously these wondrous tales and adventures. Expand your horizons and brush up on world geography. Questions and comments are encouraged.

January 20 – NO SCHOOL, MLK Holiday

Monday, January 20, 1:00 PM – 3:00 PM: LEONARDO DA VINCI

Coordinator: Betty Boj-Sode

Most of the three days available for this class will be devoted to a 1970s semi-documentary Italian film (English dialogue) that covers the artist's life and work in Vinci, Florence, Milan, Venice, Rome and Amboise, France, where he died. Supplementary discussion of the famous theft of the Mona Lisa and less familiar works by the artist, such as a portrait of Ginevra de' Benci (the only Leonardo painting in the U.S., at the National Gallery of Art in Washington, D.C.), the Madonnas in the Hermitage in Russia, an early St. Jerome, and St. John the Baptist, the artist's last painting.

January 20 – NO SCHOOL, MLK Holiday

Tuesday and Thursday, 8:00 - 9:00 AM: YOUNG AT HEART/QIGONG

NOTE – new times

Coordinators: Rudy Serrato and Vickie Morales

A strength-training program designed specifically for older adults followed by QiGong. You may sit or stand, depending on your physical ability. The program follows the guidelines of the Presidential Fitness Award.

Tuesday, January 21, 10:00 AM – Noon: CLIMATE CHANGE

Coordinator: **Ron Rutschman**

In the Spring of 2019 MICL presented a well-attended Climate Change class that focused on the Causes and Effects of climate change/global warming. A Climate Change class reappears in Spring 2020 and this time the emphasis is solely on SOLUTIONS!

1st hour: Presenter: Ron Rutschman - THE HORROR. A review of what we learned last Spring and what has occurred since.

2nd hour: Presenter: Ron Rutschman - THE HOPE. An overview of SOLUTIONS that will be explored the next four weeks.

Tuesday January 21, 1:00 PM – 3:00 PM: BEGINNER'S BRIDGE

Coordinators: Ron Rutschman and Wayne Edington

As always, this class serves both experienced players and members who have never played bridge and want to learn something new. This Spring semester also features a new program to enhance the skills of experienced players. The American Contract Bridge League (ACBL) course Play of the Hand in the 21st Century is taught to make better bridge players through lectures, videos, booklets and practice hands.

Wednesday January 22, 10:00 AM - Noon: PET WORLD

Coordinator: **Ed Padilla**

Explore the world of Pets, exclusively dog and cats. There will guest speakers, funny videos, and dog training dvds. Learn about dog and cat breeds. Learn the best places to walk your dog and how to travel with your pet. We will have classroom discussions about Pet issues. A field trip will be scheduled.

Conduct a Pet survey and show funny animal videos. There will Dog and Cat breed information. Little known facts about dogs and cats. A dog training dvd - Principles of Dog Training. A field trip with our dogs will be scheduled;

Wednesday January 22, 1:00 PM - 3:00 PM: WRITING IT DOWN

Coordinator: **Millie Starr**

Be inspired to share your writing efforts in an encouraging and supportive classroom setting. Class members write at home about anything they want, and

they share what they write in class when they are ready. The goal of the class is to support one another in the writing process and learn by doing. Come and join our writing community as a writer or listener.

Thursday, January 23, 10:00 AM – Noon: WHAT IN THE WORLD

Coordinator: **Larry Martin**

Have you ever watched TV or read a newspaper article, opinion, or letter to the editor and really wanted to discuss or react to what you read? "What in the World" is just the class for you. We discuss all kinds of issues and happenings from your neighborhood, local, regional, state, national, and world news. You bring in the topic, introduce it, and we all discuss it with the help of a new class facilitator each five-week session. A number of class members have real expertise to lend to a number of discussions. Learn something new every day. Come join the camaraderie.

Thursday, January 23, 1:00 PM – 3:00 PM: COMEDY OF THE FIFTIES

Coordinator: **John Stott**

Comedy of the Fifties has morphed into "Decades of Stellar Entertainment." The first week's class will start with endings, a description meant to be enigmatic. This will be followed by class participation with prizes. A now famous comedian will try to teach a lady to drive (vinyl recording). A Danish pianist will have a problem with his page turner. Dick Van Dyke will amaze you with a song and dance from Bye Bye Birdie. Jane and Marilyn will also sing and dance. We will start a famous situation comedy, maybe one chosen by the attendees; maybe not. If and when we get to the second 50 minutes, there will indeed be a time capsule of the '50's.

Friday, January 24, 10:00 AM to end of film: FRIDAY AT THE MOVIES

Coordinators: **Susan Wiltse & Carol Quinlan**

Start your weekend relaxation with a film classic or foreign film (subtitled in English, of course) that will carry you away to other times and other places. Discussion encouraged but not required. Details of the movies are posted just before the semester starts.

The Innocents 1961 English 110min

In this great adaptation of Henry James' classic novella *The Turn of the Screw*, 19th century British governess Miss Giddens (Deborah Kerr) arrives at a bleak mansion to take care of the household's two children. At first the children appear

to be little angels, but soon something unwholesome, perhaps evil, begins to manifest itself. Deborah Kerr considered this film to be her best role and finest performance. At the end of the movie you may ask yourself if it is a ghost story or psychological study.

Thursday, February 20, 2020, 1:00 PM - 3:00 PM: MICL BOOK CLUB

Coordinator: **Carol Sullivan**

We read a nonfiction book one month and a fiction book the next month. The book is suggested and selected by the group and will be moderated by the person that suggested the book title. Our group is open to everyone, even if you have not read or have previously read the book. Please feel free to join the group for any of the meetings. Keep Reading!

OLIVE, AGAIN, by Elizabeth Strout

Moderated by: **Frances Lopez**

Prickly, wry, resistant to change yet ruthlessly honest and deeply empathetic, Olive Kitteridge is “a compelling life force” (*San Francisco Chronicle*). *The New Yorker* has said that Elizabeth Strout “animates the ordinary with an astonishing force,” and she has never done so more clearly than in these pages, where the iconic Olive struggles to understand not only herself and her own life but the lives of those around her in the town of Crosby, Maine. Whether with a teenager coming to terms with the loss of her father, a young woman about to give birth during a hilariously inopportune moment, a nurse who confesses a secret high school crush, or a lawyer who struggles with an inheritance she does not want to accept, the unforgettable Olive will continue to startle us, to move us, and to inspire us—in Strout’s words—“to bear the burden of the mystery with as much grace as we can.”

Friday, February 21 , 2020: BIRTHDAY LUNCHEON



MICL will celebrate February birthdays on Friday, February 21st at 1:00 PM at Mimi’s Café, 3401 Dale Rd. (near the Mall). Please let Mary Hanson know if you have a birthday in February and are planning to attend. You can contact her at 209-567-2776 or email her at hanson3625@outlook.com

Other birthday luncheons this semester will be March 21 and April 17.

Saturday, February 29, 2020 – Field Trip

Our Feb 29th Sat field trip -- the Aerospace Museum of California on McClellan AFB on a special tour. The special exhibit until the end of March -- the Hubble Telescope yea!

****Please note**** What is my \$10 donation used for?

MICL uses this money for office supplies and the printing of all publications.

MICL also furnishes coffee, various teas, hot chocolate. paper plates and utensils. We do provide hot and cold paper cups, but to help keep the cost of the supplies down we encourage members to bring their own coffee cup. There is a shelf where one can leave their cups in the break room. MICL does not use this money to provide the snacks. All the members are responsible for providing the snacks. In addition, MICL provides dessert for our potlucks.

Thank you.

Your Hospitality Director

Maureen Fuentes