

Weekly Update Fall Session October 18 - October 22, 2021

WEBSITE: micl-online.org

FACEBOOK: Enter MICL in search field then at site click on +Join Group.

All of our classes will be held via Zoom, and you will receive an email invitation before each class. You will wait in a waiting room until the host lets you into the group. If you do not receive an email invitation, please call Ron Rutschman at (805) 312-3834.

Monday, October 18, 10:00 AM – 12:00 PM: THE MEANING OF LIFE

Coordinator: **James Pack**

This course explores answers to the question “What is the meaning of life?” from a wide range of intellectual traditions and across a vast historical sweep. It also introduces a number of profound texts to foster an appreciation of the diversity of approaches to this central question.

1st Hour: The Teachings of the Buddha

This lecture begins with the search for enlightenment by a young Indian prince and concludes with an introduction to what he found-the so-called Four Noble Truths, including the eightfold path to sharing that enlightenment....

2nd Hour: Shantideva-Mahayana Buddhism

Here you begin your study of one of the major evolutions in Buddhist thought, the Mahayana, and one of its major texts-Santideva's Bodhicaryavatara-a "how-to" manual for leading an enlightened life.

Tuesday, October 19, 10:00 AM – 12:00 PM: ACTIVISTS AND THEIR CAUSES

Coordinator: **Roger Jackson**

Please join us in learning about some of the most prominent activists known for their organizing of sit-ins, protests, and marches; and through their support have contributed to making changes in society toward a perceived greater good.

Judy Moore - Gloria Steinem
Johnnie Williams - John Lewis

Tuesday, October 19, 1:00 PM – 3:00 PM: SOCIAL ZOOM

Coordinators: **Wayne and Diana Sicard**

If you're missing your friends during these days of social distancing, consider joining our MICL social hour. It's fun, and it will lift your spirits more than you might imagine. Time spent talking and hanging out with people will lift your mood! Please join us!

Wednesday, October 20, 10:00 AM – 12:00 PM: FAVORITE MUSEUMS

Coordinator: **Carol Sullivan and Roger Jackson**

A museum is a place that fuels creativity, ignites minds, and provides inspiration. Its extraordinary exhibitions and collections are dedicated to helping you understand and enjoy the artifacts intended to be appreciated for their beauty or emotional power.

Please join us on this five-week journey as we learn about a wide variety of museums that are visited locally, nationally, and internationally.

1st Hour: Presenter: Carol Sullivan - The Museum of Gangsters, Las Vegas

2nd Hour: Presenter: Roger Jackson - Prohibition Museum, Savannah Georgia

Wednesday, October 20, 1:00 PM - 3:00 PM: WRITING IT DOWN

Coordinator: **Millie Starr**

Be inspired to share your writing efforts in an encouraging and supportive classroom setting. Class members write at home about anything they want, and they share what they write in class when they are ready. The goal of the class is to support one another in the writing process and learn by doing. Come and join our writing community as a writer or listener.

Thursday, October 21, 10:00 AM - 12:00 PM: WHAT IN THE WORLD

Coordinator: **David Froba**

Have you ever watched TV or read a newspaper article, opinion, or letter to the editor and really wanted to discuss or react to what you read? "What in the World" is just the class for you. We discuss all kinds of issues and happenings from your neighborhood, local, regional, state, national, and world news. You bring in the topic, introduce it, and we all discuss it with the help of a new class facilitator each five-week session. A number of class members have real expertise to lend to a number of discussions. Learn something new every day. Come join the camaraderie.

Thursday, October 21, 1:00 PM - END OF FILM: THURSDAYS AT THE MOVIES

Coordinator: **Ron Rutschman**

Start your weekend relaxation with a film classic or foreign film (subtitled in English, of course) that will carry you away to other times and other places. Discussion encouraged but not required. Details of the movies are posted just before the semester starts.

“The Music Man” (1962)

When Harold Hill (Robert Preston), a traveling con man, arrives in River City, he convinces the locals to start a band by purchasing the uniforms and instruments from him. His intention is to flee as soon as he receives the money. Librarian Marian Paroo (Shirley Jones) suspects Harold is a fraud, but holds her tongue since her moody brother, Winthrop (Ronny Howard), is excited about the band. As Harold begins to develop feelings for Marian, he faces a difficult decision about skipping town. 94% Rotten Tomatoes

Fridays NO CLASSES

FUTURE MICL EVENTS

Thursday, October 28, 1:00 PM - 3:00 PM - MICL BOOK CLUB

Moderated by **Lila Bradshaw**

“STUPID THINGS I WON'T DO WHEN I GET OLD”, By STEVEN PETROW

In *Stupid Things I Won't Do When I Get Old*, Petrow candidly addresses the fears, frustrations, and stereotypes that accompany aging. He offers a blueprint for the new old age and an understanding that aging and illness are not the same. As he writes, "I meant the list to serve as a pointed reminder - to me - to make different choices when I eventually cross the threshold to 'old.'" Getting older is a privilege. This essential guide reveals how to do it with grace, wisdom, humor, and hope. And without hoarding.